

# Wall2Wall Triathlon athletes compete at their best

ST. CROIX — On a perfect day for a triathlon, Theresa Harper and Nathaniel Faulkenberry both got out front early, and cruised to easy wins in Sunday's Toyota Wall2Wall Triathlon.

Calm seas and windless skies greeted 75 triathletes at Cane Bay, on St. Croix's North Shore. The sprint distance race of a half mile swim, 15-mile bike and 3-mile run does not necessarily require a great deal of tactical thinking. Going hard from the gun is what gets results.

The swim lacked the swell and current of former years, and the times showed it. The bike course, which was the same one used for the Virgin Islands Cycling National Championships the week before, is technical and rolling, and rewards riders with strength. The run course was changed this year to make it flatter and faster.

Harper and Faulkenberry both came out of the water in the top three, took command at the beginning of the bike leg, and it was all but over by the start of the run. Faulkenberry finished over a minute ahead of St. John's Matt Crafts, and three ahead of third place Jason Snow. Harper was almost 12 minutes in front of Erica Sweitzer in second, with Arlene Watson only seconds back in third.

Twelve relay teams battled it out over the same course, with the all-women squad of Samantha Smith, Sue Brown and Alicia Lewitt easily carrying the day.

NAME	SWIM	BIKE	RUN	TOTAL
Nate Faulkenberry	12:26	43:54	22:38	1:18:58
Matt Crafts	12:27	45:41	21:56	1:20:04
Jason Snow	14:08	50:10	17:38	1:21:53
James Dean	13:53	51:52	21:14	1:21:59
Bob Halk	10:38	49:22	23:19	1:23:19
Gabe Weber	13:00	46:40	23:59	1:23:39
Scott Fricks	14:30	45:42	23:38	1:23:50
John Harper	13:10	46:14	26:33	1:25:57
Shane Duncan	14:08	1:00.10	21:32	1:26.10
Ben Chandlee	9:14	54:03	25:09	1:28.26
Todd Harris	14:49	50:42	27:04	1:32.35
Richard Jean-Pierre	17:25	52:33	23:45	1:33.43
Glenn Miller	16:11	53:36	24:04	1:33.51
Roger Hatfield	13:29	51:16	30:37	1:35.22
Troy Holloway	16:38	53:00	26:54	1:36.32
John Mitchell	15:41	57:17	24:31	1:37.45
DeWayne Smith	15:01	58:05	25:51	1:38.57
Joel Holt	15:49	55:52	29:20	1:39.01
Eric Jacobs	14:00	56:04	24:52	1:39.56
Robert Stamper	16:34	54:01	31:09	1:41.44
Victor Marrero	20:56	59.20	35.40	1:46.56
Patrick Juarez	14:50	1:01.07	32.44	1:48.41
Anthony Gatti	15:33	1:03.13	31.14	1:50.08
Hanif LaFond	16:40	1:02.21	41.12	1:50.23
Charles Martin	20:30	1:01.04	29.33	1:54.07
Richard Difele	16:55	1:00.58	36.24	1:54.22
Will Franks	21:13	1:06.41	36.24	1:54.22
Kevin Lenahan	14:07	59.07	26.56	1:54.50
David Nowack	28:37	56.59	55.59	1:55.06
Mark Daugherty	17:46	1:01.40	31.43	1:57.29
<b>WOMEN</b>				2:11.31

NAME	SWIM	BIKE	RUN	TOTAL
Theresa Harper	14:42	51.11	22.43	1:28.36
Erica Sweitzer	18:03	59.13	22.40	1:40.06
Arlene Watson	16:47	56.32	27.05	1:40.24
Heidi Snow	20:06	59.15	23.16	1:44.37
Alicia Ammons	14:47	1:03.31	29.02	1:47.20
Valerie Shoppell	14:55	1:00.22	32.36	1:47.53
Denise Blanchette	17:30	1:01.22	32.15	1:51.07
Amanda Warehouse	14:39	1:25.34	30.13	2:10.26
Linda Nelson	23:55	1:15.21	45.54	2:25.10
Chantelle Difele	21:32	1:25.09	44.55	2:31.36
<b>RELAY TEAMS</b>				
Smith, Brown, Lewitt	11:49	45.32	22.08	1:19.29
Nethropp, Hatfield, Robinson	8:40	52.39	21.46	1:23.05
Murphy, Quimby, Kennedy	13:38	49.07	22.32	1:25.27
Mulloney, Holmes, Thomas	11:35	52.02	28.35	1:52.51
Levin, Coyle, Goodnough	15:38	55.51	27.32	1:40.03
Hutchins, Goulding, Fagan	13:07	46.43	30.59	1:40.49
Pelayo, Gillette, Gumbel	13.14	57.40	26.00	1:41.54
Dizon, Wade, Potts	17.29	57.58	28.08	1:43.39
Harris, Fricks	10.05	58.32	25.08	1:43.45
Flint, Chaffee, Robinson	17.57	59.04	28.06	1:43.09
Haney, Nurnberger, Nurnberger	17.03	1:01.22	28.35	1:47.00
Moran, Harris	15.26	1:02.31	34.20	1:52.51
Allaire, Bode	17.20	1:32.33		

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WOMEN